

# The Making of a Champion

COURSE DESCRIPTION

COURSE STRUCTURE

PROGRAMME HIGHLIGHTS

ADVANTAGES & BENEFITS

COURSE MATERIAL



## The Making of a Champion



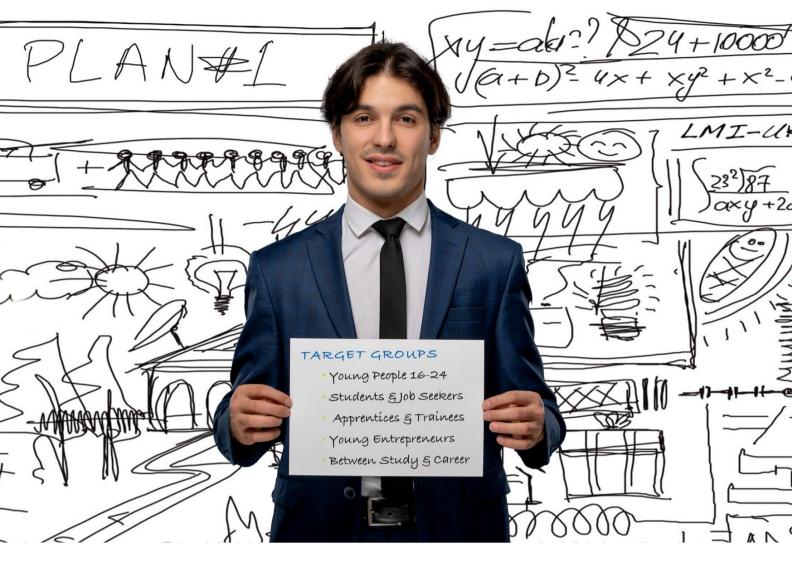
The MOC course is designed to empower and nurture young individuals, helping them reach their full potential. It focuses on developing a strong mental framework that encourages positive and structured thinking, providing a solid foundation for their transition into work, training, or skills development. Additionally, the course aims to equip young individuals with essential financial skills and knowledge. This includes making informed decisions, setting financial goals, and building a strong foundation for their financial future.

## **COURSE STRUCTURE**

- Pre-Meeting to provide course overview to referring organisations and young people
- Kick-Off-Meeting to facilitate team-building and give direction for the course
- Ten further weekly meetings, each lasting
   2 2.5 hours, to discuss lesson contents,
   tasks assigned and next steps
- Final presentation of the goals achieved with the use of multimedia (e.g. film, music, press)

## THE TEN MODULES

- Desire: Where motivation begins
- 2 Potential: Use your talents to the full
- 3 Personal goals: Dreams with a purpose
- 4 Commitment: Paying the price
- 5 Work: Preparing for success
- 6 Determination: Refusing to quit
- **7** Courage: Self-confidence when facing challenges
- 8 Concentration and Visualisation: Building self-belief
- **9** Perspective: The true value of victory
- **Winning Attitudes:** The quest for your best



## PROGRAMME INCLUDES:

- The ten facilitated modules
- Audio files to reinforce the concepts and principles
- Action steps to help implement important goals

A fun, and integral part of the overall success of the programme are the dynamic facilitated meetings where participants have an opportunity to express their ideas and feedback on how they have been inspired. Enthusiastic participation enhances their confidence and desire to really make the most of their talents and opportunities.

## **ADVANTAGES & BENEFITS**

The course provides the following advantages and benefits:

- Acquiring efficient tools for life planning
- Engaging in critical analysis of personal values and priorities
- Enhancing communication skills
- Boosting self-confidence
- Transforming mindset regarding money and prosperity
- Setting financial goals in alignment with leadership aspirations
- Assisting with financial planning, including budgeting, saving, and investing
- Recognizing self-motivation as a crucial factor for success
- Reinforcing qualities such as determination, self-confidence, and teamwork spirit



**Awaken Platform** is a global leadership development consultancy and a licensee of LMI (Leadership Management International) a leading global organisation that operates in over 80 countries and in 25 languages, worldwide. For over 50 years LMI have developed a reputation for delivering highly effective Management & Leadership development programmes to companies large and small and to individuals at all levels.

LMI programmes really do help to transform people's lives. Our package of personal development programmes can cover any of the Total Leadership Development needs of a company in the four key leadership domains:

- Organising & Executing
- · Relationship building

Influencing

Strategic thinking

Both you and your organisation will achieve greater success with Awaken Platform as an active partner. Contact us today to start your journey.

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